

WEEK 13 (2022)

CAN I BE MORE CONVINCING?

TODAY'S NEWSLETTER

Is about Protection. Not a Protection Racket. I leave that to Big Pharma. They promise protection and then actually damage you with their drugs.

I am talking about an invisible enemy attacking you continually everywhere you go on this planet and even when you think you are safe in your home. It is continually attached to you and your family, and even your animals. And especially your children at school.



FOR NEW READERS

I'm Robert Redfern, and I am not a doctor, but I am an educator of good health.

Until the age of 40, I wasn't particularly concerned about health, but then: Thirty-five years ago, my mother died of lung disease at age 62, and shortly afterwards, my 64-year-old father died of cancer.

I researched the causes of their deaths in-depth to find out what went wrong.

I soon found evidence that the majority of diseases that people prematurely die from are mainly caused by an unhealthy diet, lack of critical nutrients, and lifestyle (and from Pharma Drugs).

THE INVISIBLE ENEMY

I have not spent one day in the past 20 years without protection from this invisible enemy. I have the protection in my pocket, in my car, and in my home – in fact, any place in the world I go.

The challenge for most people is because they cannot see or feel it (actually some people do feel it more than others) they don't realise how much damage it is doing.

The main thing you can feel is how weak it makes you. Of course, you may not notice or feel this weakness because you have nothing to compare until you are protected. Once you are protected, you will notice as you become instantly and measurably stronger in the test.

If you want to know what the scientist are saying about the shocking scientific evidence then watch this video by [clicking here](#)

WATCH MY WEBINAR

In my webinar, I explain a lot more, but I also show you the increased strength and balance of the supposedly young and strong when they are protected. The older you are, the greater the effect.



If you prefer to read more then go to www.NaturallyHealthyNews.info and search: 5G to see the many articles on this topic.

In the USA and the UK and I have no doubt Canada and Australia, the Sky is full of 5G satellites bombarding every inch with 5G signals and it will only get worse. These devices work using Quantum Technology and demonstrate every time, its protective effects.

QuantoGram® HoloGuard

keeps you safe from Electro Magnetic Frequencies and Electro Magnetic Radiation (EMF/EMR) when carried in your pocket, or applied to Mobile Phones, Tablets, Laptops. Authorities are now agreeing that all digital wireless devices are a health risk, especially when you are out and about,



and when travelling. It also keeps your children safe in schools and colleges. It only works when it is on your person.

Now it's even easier to keep with you in a pocket or on a handy key fob!

QuantoGram® SafeHouse

provides you and your family protection for your whole house and office space from various electrical smogs caused by Electrical Magnetic Frequencies (EMF). All electrical equipment, wiring lighting (especially fluorescent and LED lights), External WIFI signals, Bluetooth, Wifi routers, TVs, computers, and especially stronger digital signals from many sources are responsible for dangerously increasing EMF levels. Take it with you to hotels or holiday homes (but don't forget to take it home).

Only one is needed for your house, one for your office and one for your hotel when travelling – and don't forget your family members.



THIS PRODUCT IS AVAILABLE AS A STANDARD UK 3-PIN PLUG OR AS EURO 2-PIN. Or USA/AU, Standard.

QuantoGram® PCD (Pure Combustion Device)

uses QuantoGram Technology for Petrol-Diesel Vehicles to lower Fuel/Emissions and gives higher Performance. Especially Recommended for Electric Cars to protect from the huge level of EMF frequencies generated in them.



Place under the rear seat for best effect.

QuantoGram® Insoles

Especially Recommended for the elderly weaker person

- Gently Energises the Reflex Points in the Feet
- May Balance and Increase Energy Levels
- Provides EMF Protection For The Whole Body
- Great For Anyone but With Added Benefits For Elderly People And Exercise
- Suitable For All Foot Sizes, Easy To Use, Resilient, Lightweight And Breathable



REMEMBER

Every cell in your body is weakened by EMFs and Mobile frequencies. Don't forget your children. It was 40 years before mobile phones were commonplace in my life. Now children have mobiles or iPads in the pram. At least protect them.

HEALTH CARE FUNDAMENTAL RULES

1. Water Fasting – Fasting has been known since records began to be a powerful preventative and treatment for any disease and especially diabetes/cancer, etc. Even 2 days is a good start – just sipping a litre of water over the day. Up to one week is recommended for a powerful fast.

The most effective fasting involves simply drinking the water as directed in step 2 and taking the salts in step 6 below. Also, take the appropriate missing immune supplements.

2. Drink 6 x 500ml glasses of water over the day – with a ¼ teaspoon of sodium bicarbonate (baking soda) in each glass. Also, use [Pure Concentrated Organic Minerals™ Liquid Drops](#) as this contains 75 minerals for powerful cleansing of nano metals and other toxins in Pharma meds and Jags.

3. Stopping all factory processed or unnatural foods, – and factory-made meals.

4. Stopping high sugar foods and drinks – As well as bread, pastry, biscuits, breakfast cereals, white rice, potatoes, parsnips, and pasta.

5. Consuming mainly vegetables, – This includes leafy greens, and other salad foods such as avocados, mushrooms, dark-skinned fruits, tree nuts, seeds, and legumes. I also have a website dedicated to this with numerous Keto recipes at www.ReallyHealthyFoods.com.

6. Taking 2-3 teaspoons of Himalayan or rock salts daily – in food or divided into your glasses of water.

7. When able to; walking and exercising – can further improve the oxygenation of the blood and you can strengthen the immune response by going out in the sun with as much skin exposed, up until 1 pm. You can exercise lying down as appropriate, e.g. cycling the legs or using weights for the arms.

8. Breathing properly – take every opportunity when lying down to practice diaphragmatic breathing. Sitting down is unhealthy so walk, stand, or lay down rather than sit.

9. Getting 7-9 hours of restful sleep. – This means dealing with snoring and sleep apnoea.

WHAT CAN MORE CAN YOU DO?

Detox your body using [BlockBuster AllClear®](#), [Zeolite Spray](#), [NAC](#), and other immune products below to strengthen your immune system with the immune plan below.

Ivermectin (AKA Animal De-Wormer) – This is available to order at www.GoodHealthLive.com and my whole family takes it, so I personally recommend it for everyone including your dogs and horses.

Read more at www.NaturallyHealthyNews.info and search for Ivermectin in the search box.

RECOMMENDED IMMUNE SUPPLEMENTS:



Vitamin C™

The range includes: 1000mg of High-Quality Liposomal Vitamin C with 175mg of Quercetin, 1000mg Liposomal Vitamin C and Camu Camu Capsules. Suitable for all ages from infants to seniors. Protects healthy cells and has various health benefits that may support immune function, brain health, blood sugar, and heart health. Suitable for vegetarians and vegans.

Daily Immune Protection™ (D.I.P.)

A unique formulation of proven ingredients to support immune health. Contains EpiCor® and eXselen Selenium with Vitamin D3 to protect against infection. Provides Immudyne Beta-Glucans 1,3 and 1,6 to boost immune response and provide extra support for healthy cell growth. Suitable for vegetarians.

Olive Leaf + Zinc

A super antioxidant, olive leaf is considered to potentially offer immune protection against colds, flu, and other viral infections. Oleuropein, one of the primary compounds in olive leaf, is believed to exhibit potent anti-viral, anti-bacterial and anti-fungal properties, offering wide-reaching immune support. The addition of zinc, also critical for a strong immune system and often deficient in the diet, enhances the power of this product. Can be used all year round or for more occasional targeted support. Suitable for vegetarians and vegans.

PrescriptBiotics™

An award-winning probiotic supplement that contains 8 Bio-Identical S.B.O. (soil-based organisms) of Probiotics Consortia. Essential for supporting the growth of all-natural, friendly microorganisms that help to renew and create a healthy rebalance between the good and bad gut bacteria. May support stronger digestion, immunity, and overall health. Suitable for vegetarians and vegans.

Nascent Iodine

Consumable iodine in its atomic form provides a safe energy release when consumed. May help to provide increased energy and immunity levels. Supports thyroid health and hormone production. Suitable for vegetarians and vegans.

Hydrosol Silver

Hydrosol Silver Spray – The active ingredient in the Hydrosol Silver Spray is a unique patented Silver Technology, using nano-particles for superior absorption, containing 10ppm hydrosol silver. Using a silver spray can act as the first line of defence against unwanted pathogens. Being anti-microbial, it is able to support immunity, by targeting invading bacteria, viruses, fungus, and so on. By boosting the immune system, you allow your body's own natural defences to work much more efficiently. Suitable for all the family.

Vitamin D3-K2 Spray

Combines 1000IU of Vitamin D3 and 100mcg of Vitamin K2 MK7 in an easy-to-use sublingual spray for maximum absorption.

Helps to support a normal immune system response, support better calcium absorption and phosphorus absorption in the bones. It is also the world's original Vegan and Vegetarian Vitamin D3.

NAC 600mg Capsules

N-Acetyl Cysteine (NAC) is a supplement form of cysteine. NAC bonds with glutamine and glycine to form glutathione, a powerful antioxidant. Glutathione performs many functions throughout the body, including helping to maintain your immune system. Take as a food supplement. For adults, 1 capsule daily, preferably at mealtimes is recommended. Available in a refill bag. 600mg.

Ancient Magnesium® Oil Ultra

Topical Magnesium with 100% Genuine Zechstein Magnesium Oil. All the benefits of the original oil plus OptiMSM, the world's purest M.S.M. for enhanced absorption.

Recommended for general relaxation, relief from sore muscles, various body aches, and meeting your daily requirements of this essential mineral for achieving optimal health.

Suitable for vegetarians and vegans.