

# WEEK 39 (2021) – LOTS OF HEALTH NEWS

Posted by [Robert Redfern](#) | Sep 30, 2021 | [2021](#) |

## TODAY'S NEWSLETTER

If you have problems telling friends about my solutions, let me help to make this easier.

My latest Magazine, Issue 41, is available to download [HERE](#)

### It's Healthy Aging Month

Please download it and share it with as many friends as possible. Telling them about what we do will be much easier if they can read my articles. I have some other news below, as well as an example of an article I don't want you to miss.



## FOR NEW READERS

Thirty-five years ago, my mother died of lung disease at age 62 and my 64-year-old father died a short while later of cancer.

researched the causes of their deaths in-depth. I soon found evidence that the majority of diseases that people prematurely die from are completely preventable. I discovered evidence that these diseases are mainly caused by an unhealthy diet, lack of critical nutrients, and lifestyle factors – all of which create unhealthy bodies. I was also sceptical about the profit-motivated pharmaceutical companies that pushed drugs and influenced medical opinion.

Since discovering this scientifically obvious, yet commonly unknown evidence, I have followed my own health plan. I celebrated my 75th birthday in January feeling truly fit and healthy, and I want to help all my readers to achieve the same feeling, at any age.

## INTERESTING NEWS

After reviewing the numerous studies, States in India are in the process of supplying a prevention and treatment kit for all of the population (over 1 billion people). Some states are supplying children first. They are still paying lip service to the jag but realise this kit may

work and be cheaper and more effective. Other poorer countries around the world are doing something similar but the information is distorted by the propaganda put out by the mainstream media.

### **What Is This Wonder Kit?**

Mostly it contains what I have been recommending for the past 18 months of panic, but I wish they had included magnesium.

### **It varies from State to State but most kits have:**

- Vitamin C + Quercetin
- Zinc
- Vitamin D3
- Selenium
- Ivermectin 12mg tablets (This is the safest drug in the world with over 50 billion doses to its credit with only 7 reported deaths. A Nobel prize was awarded to its inventor Irish citizen, Professor Campbell – you can see him on Youtube).

I will not stop talking about building a healthy immune system as this is the very best plan for a healthy future and so I have quoted one article from my Magazine.

## **MAGAZINE ISSUE 41 ARTICLE EXAMPLE PAGE 6**

### *The Cornerstone of Good Health: Boost Your Immunity*

*If there's one thing 2020 taught us, it's that the immune system needs protecting, not just during the winter months. Nutrition is an excellent place to start when you're trying to boost your immunity.*

*These are nine top natural ingredients found to support the immune system and keep you fit and healthy.*

#### *Epicor®*

*EpiCor® is a dietary supplement derived from the dry fermentation of *Saccharomyces cerevisiae* – a type of yeast. It is a potent and powerful antioxidant with an ORAC (Oxygen Radical Absorption Capacity) value of 52,500/100g. ORAC scores denote the particular power of an antioxidant, so this high value demonstrates that EpiCor® is particularly good for neutralising free radical damage. EpiCor® has been shown to modulate the immune system and influence antioxidant levels in the blood. One particular study demonstrated its ability to reduce flu-like symptoms in individuals who hadn't had a flu vaccine.*

### *Selenium*

*Selenium is an essential trace mineral that is needed for the proper functioning of neutrophils, macrophages, natural killer cells, T-lymphocytes, and other immune mechanisms. Its antioxidant properties enable it to protect healthy cells from free radical damage and support immune function, and an increased intake of selenium may alleviate pathological conditions such as oxidative stress and inflammation.*

### *Vitamin D3*

*Vitamin D is vital for maintaining a strong immune system. The cells that make up the immune system contain vitamin D receptors, meaning...*

Read the full article of *The Cornerstone of Good Health: Boost Your Immunity*, and many more

## **DOWNLOAD:**

**My 92 pages, Naturally Healthy News (issue 41)... FREE**



**DOWNLOAD Issue 41**

**REMEMBER THE ESSENTIAL IMMUNE NUTRIENTS**

**Recommended Examples:**



### **CureC™**

CureC™ provides high-quality Liposomal Vitamin C 1000mg, plus 175mg of the antioxidant Quercetin and 1000mg PC per serving. Protects healthy cells and has various benefits for optimal health, including support for immune function, brain health, blood sugar, and heart health. Suitable for vegetarians and vegans.

### **Hydrosol™ Silver Spray**

A unique silver spray that contains patented silver technology, using nano-particles for superior absorption. Being anti-microbial it can support immunity, targeting invading bacteria, viruses, and fungus. By boosting the immune system, you allow your body's own natural defenses to work more efficiently. Contains 10ppm Hydrosol Silver. Suitable for vegetarians and vegans.

### **Daily Immune Protection™ (D.I.P.)**

Contains epicor®, ExSelen™ Selenium, and a high dose of Beta Glucan with a strong dose of Vitamin D3 to support a balanced immune response and provide extra support for healthy cell growth. Suitable for vegetarians. 90 veg capsules.

### **PrescriptBiotics™**

Taking probiotic supplements is recommended to help balance the bacteria in the gut, which in turn supports digestion and nutrient absorption, as well as overall immunity. PrescriptBiotics™, contains a custom-cultured blend of soil-based organisms, in its own prebiotic food source, to help balance the diversity of the microbiome; supporting digestion, immunity, and overall health. Soil-based probiotics are the first choice for optimum health, as they are well adapted to the environment of the gut and offer long-term benefits. Suitable for vegetarians and vegans. 90 veg capsules.

### **Nascent Iodine**

Consumable Iodine in its atomic form provides a safe energy release when consumed. It

may help to provide increased energy and immunity levels. Supports thyroid health and hormone production. Suitable for vegetarians and vegans.

### **Olive Leaf with Zinc**

A super antioxidant, Olive Leaf is considered to potentially offer immune protection against colds, flu, and any viral infections. Oleuropein, one of the primary compounds in Olive Leaf, is believed to exhibit potent anti-viral, anti-bacterial and anti-fungal properties, offering wide-reaching immune support. The addition of Zinc is also critical for a strong immune system. It is often deficient in the diet, yet enhances the power of this product. Can be used all year round or for more occasional targeted support. Suitable for vegetarians and vegans. 90 veg capsules.

### **Vitamin D3 and K2 sublingual spray™**

Combines 1000IU of Vitamin D3 and 100mcg of Vitamin K2 MK7 in an easy-to-use sublingual spray for maximum absorption. Helps to support a normal immune system response, support better calcium absorption and phosphorus absorption in the bones. It is also the world's original vegan Vitamin D3.

### **Ancient Magnesium® Oil Ultra**

Genuine Zechstein 100% ultra-pure Magnesium Oil with OPTIMISM® for enhanced cellular absorption. Apply the Ancient Magnesium Oil Ultra onto the skin each day, for immune support, and to help calm the nervous system, encourage relaxation, anxiety relief, and aid sleep.

### **Serranol®**

A combination of four key ingredients including Serrapeptase 160,000IU, 250mg of Curcuminx4000, along with 1000IU of Vitamin D3 and 50mg Ecklonia Cava Extract for best anti-inflammatory support. Suitable for vegetarians. Serranol® is phthalate-free and contains no unnecessary fillers or binders. 90 capsules per bottle.