

Health News (Week 29 - 2021)

By Robert Redfern

Today's Newsletter

I am back from my holiday in sunny Mallorca and have returned to a heatwave in the UK. Unfortunately, I don't have a nice pool to jump into to cool off and my little study is not even big enough to have a fan. No complaints though, except I had an email from the Government's Track & Trace to tell me one person on the plane tested positive for CV and that I had to self-isolate for 14 days. I guess that is the UK government's way of punishing me and others for daring to go on holiday against their wishes.

For New Readers

Thirty-five years ago, my mother died of lung disease at age 62 and my 64-year-old father died a short while later of cancer.

I researched the causes of their deaths in-depth. I soon found evidence that the majority of diseases that people prematurely die from are completely preventable. I discovered evidence that these diseases are mainly caused by an unhealthy diet, lack of critical nutrients, and lifestyle factors - all of which create unhealthy bodies. I was also sceptical about the profit-motivated pharmaceutical companies that pushed drugs and influenced medical opinion.

Since discovering this scientifically obvious, yet commonly unknown evidence, I have followed my own health plan. I celebrated my 75th birthday in January feeling truly fit and healthy, and I want to help all my readers to achieve the same feeling, at any age.

I am not one for following Government rules but it just so happens I already work at home and have lots of work to catch up with. Otherwise, I would tend to ignore them since of course the PCR test is fake and no one on my plane could have been diagnosed.

This fakery was confirmed from another lovely holiday country - Portugal.

Last November the Portuguese judges supported a request by a protest group to their government to provide evidence that the PCR tests actually work. I have mentioned before in my newsletters that the PCR test inventor Kerry Mullis was awarded a Nobel prize for his invention. [Click Here to read more and watch Kerry Mullis speak on video.](#)

However, Kerry became an ardent protester when Dr Fauci in the USA tried to claim that it would diagnose HIV disease and especially, any virus. Kerry Mullis was still protesting when he died in suspicious circumstances just before the CV pandemic in late 2019. If he had been alive today, he would have been shouting to the world that his invention did not diagnose the CV virus.

Obviously, the Portuguese Government could not provide the evidence to the courts that the PCR test could diagnose CV. In fact, no government has ever supplied evidence that the PCR can diagnose CV.

What I find interesting is the Portuguese government has now had to roll back the number of deaths claimed from CV since they have in effect admitted the PCR test does not diagnose CV. Instead of 17,000 deaths claimed using the PCR test for CV it is now just 152. Of course this came to light in the same way you can simply ask for the number of Burials and Cremations over the past 5 years for your area. In Portugal, all Burials and Cremations are collected by one Government office and so it was easy. It is not disclosed how they know these 152 people died of CV. Maybe they just want to save face?

While very sad, it makes the pandemic claim seem overblown to the point of pointless to jab everyone since more people will be harmed and will die from the jab than the new claim of 152.

Which Brings Us To The Rest Of The World.

Where is the world's mainstream media (MSM) publicising the fake PCR test, demanding that the lockdowns stop, demanding that the claims of deaths are withdrawn?

I can understand the MSM since they are paid millions every week by the governments. I have long had no faith in hearing the truth from the media. I feel the same for Doctors who are paid bonuses to write CV as the cause of death. They were brainwashed from the day they were born, the same as we all were but they went to medical college for extra brainwashing. To be fair, there are lots of doctors who go rogue and turn to natural health but the other doctors turn on them with the viciousness of an alley cat.

The MSM and Doctors I can understand, but why are the courts refusing to hear applications to force governments into courts to show evidence that the PCR tests work and disclose the real figures. It appears the judges are too scared, or they are part of the pandemic fraud?

So, Is Everything A Lie?

It sure looks like it to me. We know all of Big Pharma are criminals and don't care what harm they do as long as they get big money. They have been fined billions in the recent past for fraud as well as deaths and harm but I very much doubt that this will be repeated as it appears all governments now are part of these crimes.

Now the governments are spending billions of our money on fake tests and billions on jabs that are not needed but cause untold harm.

I wish I didn't need to publish this. My passion is talking about health and longevity.

However, it is what it is and we need to work together to achieve good health and the long healthy life we deserve.

I will keep you informed...

Remember

Since March 2020 I have declared we can only prepare ourselves for whatever the future holds by becoming super healthy to deal with any eventual challenges. Nothing and nobody can protect you and your family as much as a really healthy lifestyle and avoiding drugs will.

The Essential Immune Nutrients



Vitamin C™

The range includes: 1000mg of High-Quality Liposomal Vitamin C with 175mg of Quercetin, 1000mg Liposomal Vitamin C and Camu Camu Capsules. Suitable for all ages from infants to seniors. Protect healthy cells and has various health benefits that may support immune function, brain health, blood sugar and heart health. Suitable for vegetarians and vegans.

Daily Immune Protection™ (D.I.P.)

Contains Epicor®, eXselen™ and a high dose of Beta Glucan with a strong dose of Vitamin D3 to support a balanced immune response and provide extra support for healthy cell growth. Suitable for vegetarians.

OliveLeaf+Zinc

A super antioxidant, olive leaf is considered to potentially offer immune protection against colds, flu and other viral infections. Oleuropein, one of the primary compounds in olive leaf, is believed to exhibit potent anti-viral, anti-bacterial and anti-fungal properties, offering wide-reaching immune support. The addition of zinc, also critical for a strong immune system and often deficient in the diet, enhances the power of this product. Can be used all year round or for more occasional targeted support. Suitable for vegetarians and vegans.

PrescriptBiotics™

An award-winning probiotic supplement that contains 8 Bio-Identical SBO (soil-based organisms) of Probiotics Consortia. Essential for supporting the growth of all-natural, friendly microorganisms that help to renew and create a healthy rebalance between the good and bad gut bacteria. May support stronger digestion, immunity, and overall health. Suitable for vegetarians and vegans.

Nascent Iodine

Consumable iodine in its atomic form that provides a safe energy release when consumed. May help to provide increased energy and immunity levels. Supports thyroid health and hormone production. Suitable for vegetarians and vegans.

Hydrosol Silver

The active ingredient in the Hydrosol Silver Spray is a unique patented Silver Technology, using nano-particles for superior absorption, containing 10ppm hydrosol silver. Using a silver spray can act as the first line of defence against unwanted pathogens. Being anti-microbial it is able to support immunity, by targeting invading bacteria, viruses, fungus and so on. By boosting the immune system, you allow your body's own natural defences to work much more efficiently. Suitable for all the family.

Vitamin D3-K2 Spray

Combines 1000IU of Vitamin D3 and 100mcg of Vitamin K2 MK7 in an easy to use sublingual spray for maximum absorption. Helps to support a normal immune system response, support better calcium absorption and phosphorus absorption in the bones. It is also the world's original Vegan and Vegetarian Vitamin D3.

Ancient Magnesium® Oil Ultra

Topical Magnesium with 100% Genuine Zechstein Magnesium Oil. All the benefits

of the original oil plus OptiMSM, the world's purest MSM for enhanced absorption. Recommended for general relaxation, relief from sore muscles, various body aches, and meeting your daily requirements of this essential mineral for achieving optimal health. Suitable for vegetarians and vegans.

Take good care of yourself,

Robert Redfern