

Health News (Week 34 - 2020)

By Robert Redfern

I have been writing about the Con-a-Virus since the last week in February. I genuinely thought it would be just a few weeks before the overreaction by the authorities was exposed. Here we are over 24 weeks later and yet the fiction persists.

Why? Because this is a Plandemic. (A planned epidemic using a manufactured and renamed coronavirus to terrorize and subdue the world population).

I am explaining below why and how it was all planned, and I apologise for those of a nervous disposition but I do rate my readers as above-average intelligence, since they are inclined towards natural health rather than the pharma alternatives.



Why in God's Name Would 'They' Do This?

God has nothing to do with this. They have also brainwashed the religious leaders around the world (or worse).

- They say they are abandoning democracy and our human rights to keep us safe yet fewer people have died this year compared to the flu epidemic of 2018.
- They say we must do exactly as we are told to stay safe, whatever they say, with no right of appeal to any court.
- They say they are destroying businesses and jobs to keep us safe but it hardly affects anyone under aged 70. The consequences of destroying businesses and jobs are destined to kill millions worldwide.
- They say they are closing schools to keep us safe. Healthy children and young people have nothing to fear from any coronavirus. The risk is possibly causing psychological abuse and damage to their minds, beyond the imagination of intelligent thinking people.
- They say we must have an unproven and unsafe vaccination or we will never be allowed the freedom to travel, or possibly even work, until we submit to the vaccination.
- They say that there are no other treatments for coronavirus, which is a lie as Dr. Doug Deibele D.M.D shared his successful treatment regimen:
 1. Hydroxychloroquine 200 mg twice a day for 5 days
 2. Azithromycin 500 mg once a day for 5 days
 3. Zinc sulphate 220 mg daily His team treated 500 patients in New York with this regimen - zero deaths, zero hospitalizations. Many other doctors have replicated this and in fact, successfully added Vitamin C, yet are criticised in

the corporate media. The cost of these treatments is negligible. The Canadian creators and world experts for Hydroxychloroquine would have been able to tell the world of its success, but were murdered in the early days of planning the Plandemic.

- They say we must in future have a digital ID to leave our home and join society.
- Lastly, they say we must reduce the population of the planet. This is part of the Plandemic's goals (see Bill Gates's public comments).

Who Are 'They'?

The Gate Gang (includes W.H.O., Pharma, Medical systems, Researchers in Universities receiving funding from Gates), The Deep State, Politicians, Judges and Courts, Journalists and Corporate Media, Police Chiefs, Military Chiefs and a huge number of the frightened populations around the world.

How Was the Plandemic Created?

A film that explains in detail how the Plandemic has been created by London Real which was immediately banned from YouTube. Click below to view it, but do give yourself plenty of uninterrupted time to watch it fully.



How 'They' were recruited and organised to take it around the world?

The Deep State has been slowly taking over most countries in the world through corporate media and monetary control.

Again, a film has been created to explain but it is so complicated you may have to take time to watch it multiple times to get a full understanding. Click below to view it, but do give yourself plenty of uninterrupted time to watch.



Where Can You Go From Here?

You can try street protesting, but unless millions get out on the streets and it stays peaceful everything will stay the same. Street protests only work when they support the plans of the Deep State and they are part of Plandemic, so it's unlikely to work.

An example is around 1 million people marched to protest in London against the illegal invasion of Iraq by Blair and Bush. It made no difference; millions died and were injured and the wars continue today, 10 years later.

You can try going to the courts to demand a judge gives back your human rights and restores democracy. The problem is judges are part of the establishment and they are either part of the problem, or afraid of the Deep State.

My Recommendation

Look after your health and look after your wealth or income. I cannot help you with your wealth, but I can help you to get and stay healthy so you can continue to earn an income.

This is what I do. I am confident that as long as you follow the plans in my books you will achieve good health and keep strong.

Nutrition is the basis of all health, combined with a healthy lifestyle you will stay strong both physically and mentally.

Please [download](#) any of my eBooks to follow a healthy lifestyle. If you do not have any particular condition to resolve see the basics of nutrition below. You can call to ask to speak with our health coaches for detailed/specialised help.

Remember we all have to get and stay strong whatever the future holds and hope the politicians have an epiphany and wake up from this hypnotic state.



Vitamin C

The range includes: 1000mg of High-Quality Liposomal Vitamin C with 175mg of Quercetin, 1000mg Liposomal Vitamin C and Cam Camu Capsules. Suitable for all ages from infants to seniors. Protect healthy cells and has various health benefits that may support immune function, brain health, blood sugar and heart health.

Daily Immune Protection™ (D.I.P.)

Contains Epicor®, eXselen™ and a high dose of Beta Glucan with a strong dose of Vitamin D3 to support a balanced immune response and provide extra support for healthy cell growth. Suitable for vegetarians.

OliveLeaf+Zinc

A super antioxidant, olive leaf is considered to potentially offer immune protection against colds, flu and other viral infections. Oleuropein, one of the primary compounds in olive leaf, is believed to exhibit potent anti-viral, anti-bacterial and anti-fungal properties, offering wide-reaching immune support. The addition of zinc is also critical for a strong immune system but is often deficient in the diet, enhances the power of this product. Can be used all year round or for more occasional targeted support. Suitable for vegetarians and vegans.

PrescriptBiotics™

Taking probiotic supplements is recommended to help balance the bacteria in the gut, which in turn supports digestion and nutrient absorption, as well as overall immunity. PrescriptBiotics™, contains a custom cultured blend of soil-based organisms, in its own prebiotic food source, to help balance the diversity of the microbiome; supporting digestion, immunity and overall health. Soil-based probiotics are the first choice for optimum health, as they are well adapted to the environment of the gut and offer long-term benefits. Suitable for vegetarians and vegans.

Nascent Iodine

Consumable iodine in its atomic form that provides a safe energy release when consumed. May help to provide increased energy and immunity levels. Supports thyroid health and hormone production. Suitable for vegetarians and vegans.

Hydrosol Silver

Hydrosol Silver Spray – The active ingredient in the Hydrosol Silver Spray is a unique patented Silver Technology, using nano-particles for superior absorption, containing 10ppm hydrosol silver. Using a silver spray can act as the first line of defence against unwanted pathogens. Being anti-microbial it can support immunity, by targeting invading bacteria, viruses, fungus and so on. By boosting the immune system, you allow your body's own natural defences to work much more efficiently. Suitable for all the family.

Vitamin D3-K2 Spray

Combines 1000IU of Vitamin D3 and 100mcg of Vitamin K2 MK7 in an easy to use sublingual spray for maximum absorption. Helps to support a normal immune system response, supporting better calcium absorption and phosphorus absorption in the bones. It is also the world's original Vegan and Vegetarian Society Registered Vitamin D3.

Ancient Magnesium Oil Ultra

Genuine Zechstein 100% Ultra-Pure Magnesium Oil with OptiMSM for enhanced cellular absorption. Apply the Ancient Magnesium Oil Ultra to the skin each day, for immune support, and to help calm the nervous system, encourage relaxation, anxiety relief and aid sleep.