

## ***Health News (Week 14 - 2020)***

By Robert Redfern

*Dear {{contact::first\_name}},*

## **The World has Gone Crazy.**

**(Except Sweden) and some Good News later.**

Since I started in the late 1980's looking for the causes of my parents' premature deaths, it has become clearer that the medical system is simply a disease management organisation and not real health care. To be fair to the doctors and nurses that work in this system they have only been trained to manage diseases. The prime treatments of the Pharma/Medical Cartel are drugs and the prime preventions are vaccinations. There are some ancillary treatments such as physiotherapy but on the whole other than some surgery, the illness does not go away. Before you send emails to me and mention one or two conditions such as rare children's blood cancer that was cured, I do know of these few. However, millions are left to suffer and die prematurely because of fake health care systems.



## **Making Sense**

In the early 90's I started to make headway helping people when my wife Anne and I introduced the HealthPoint™ electronic acupuncture treatment kit. We started to get a reputation delivering on the promise of recovery. Slowly, we started to introduce supplements that again produced measurable results. ActiveLife™, MSM+Silver, Serrapeptase, MaxiFocus™, CuruminX4000™ and many more.

I wrote books on the diet and plans needed. Life became really exciting helping people recover from serious problems, especially after they had been told by doctors nothing could be done. Epidemics of seasonal flu came and went and left us laughing at the doom and gloom stories the Pharma/Medical Cartel put out in the media. SARs, Swine Flu, Avian Flu to name a few. Despite the extravagant claims, the post-epidemic review showed that it was just a tiny amount of those already suffering terminal diseases that suffered.

It became obvious the Pharma/Medical Cartel failed time after time to persuade the mass of the population to take up their flu vaccinations. Their scare tactics failed. To be very clear, the causes of death from any flu is very minor compared to other causes e.g. up to 3,000 people die in UK hospitals EVERY WEEK from infections and Lung diseases. Are these the deaths you are seeing in the media?

For the full facts - Read my newsletter - [WEEK 13](#) (2020) – THE FACTS

## **Then the World Went Crazy**

The story about China is difficult to pin down but listening to Brits that live in Wuhan, they say that the initial panic was an overreaction partly because of the media. The lockdown and quarantine

there were to investigate and sort out what was going on and with their huge population, it was sensible. It was resolved in China by mass treatment with Vitamin C, Vitamin D3, and a few antifungal drugs already on the market. China is returning to normal. The rest of the world is in the same panic as China in the first few weeks and does not look as though they will take back control.

## Except For Sweden

Initially, Sweden told everyone at risk (those with a terminal disease, eg lung diseases, heart diseases, those undergoing chemo or other immune system killing treatments and immune disease drugs) to self-isolate. Very sensible advice for everyone at the time of the seasonal flu in any year. This allowed the rest of the population who are not at risk to carry on normal life and keep the economy working. In the last few days, the government for Sweden has asked the rest of the population to try to keep 1-2 meters away from each other. My guess is the Swedish government is being spooked by what is going on in other countries but have still not destroyed their country by shutting down their economy. This is something that was obvious to any practical-minded person.

## Why Destroy the Economies of the World?

The two reasons I describe in my Week 13 Newsletter in the link above are: 1. To give a good reason for everyone in the world to be vaccinated every year and 2. To Crash the world economy to hide the printing of unfunded money by central banks. Any more thoughts? A push for World Government? My guess is as good as anyone since we are looking at a crazy situation.

## You Have Seen Nothing Yet

Already being discussed by various governments, are legally enforced mass vaccinations, abandoning juries, blocking emails and blocking social media comments about the situation. The UK Police issued a statement suggesting we should follow the directions of the leader? Good job I do not use profanities! This is the reason why I am not mentioning the name of this flu outbreak. If I ever mention flu in my articles you will know I am talking about what every epidemic that is in the news in the new police state.

## What about Doctors?

I am constantly asked why are the medical doctors going along with the panic? It's simple, they are human. When people shout fire, they are no different. They especially are brainwashed to do what their superiors tell them. As an example, I get many hundreds of people who have taken supplements suffering from so-called terminal lung diseases who have cleared it up in months. They ask me should they tell their doctor as they innocently believe their doctor has the power to change the protocol.

Not one doctor in 30 years (except a pulmonary doctor in the Ozarks in the USA) has come to me and used any of my successful protocols. Even this one pulmonary doctor, after he found the protocols worked, decided to abandon his practice to avoid the wrath of the Pharma/Medical Cartel and instead went to South America to work with health charities. My point is, many doctors practice health care but not in the Pharma/Medical Cartel. These doctors have to go private.

## Lastly...

Initially, Sweden told everyone at risk (those with a terminal disease, eg lung diseases, heart diseases, those undergoing chemo or other immune system killing treatments and immune disease drugs) to self-isolate. Very sensible advice for everyone at the time of the seasonal flu in any year. This allowed the rest of the population who are not at risk to carry on normal life and keep the economy working. In the last few days, the government for Sweden has asked the rest of the population to try to keep 1-2 meters away from each other. My guess is the Swedish government is being spooked by what is going in but have still not destroyed their country by shutting down their economy. This is something that was obvious to any practical-minded person.

## Except For Sweden

The UK governments own website says it is not a serious epidemic. Scientists around the world not in the pay of governments and the Pharma/Medical Cartel say it is not serious. Do your own research for an independent opinion if you doubt me and share it with me if it contradicts what I found.

## Some Good News

I try not to stress the readers but I do have to tell the truth as I find it from the evidence. The good news truth that I find is:

1. That there is no proof that healthy people are at risk of serious problems and definitely not death (whatever the media and governments say).
2. Fungus is the probable cause of this and since there is no scientific evidence (I mean really scientific) of a virus. There are masses of evidence a fungus is a cause. Then we know that supplements and pharma drugs in use in China and around the world that deal with fungus will fight the problem of flu and colds.

Recently in Germany, a biologist offered 100,000 euros to anyone who could prove the measles virus.

The reason he gave was there was no proof the measles virus existed and to ask for proof. Eventually, a medical doctor took him to court to claim it.

He lost in the lower courts but when it goes to the higher courts, they took it seriously and demanded the doctor or medical authorities provide proof it existed.

Of course, they could not and the biologist won his case. To be clear the court, did not, and could not, declare the virus did not exist and simply 'declared not proven'.

## Vitamin D3

There are countless studies that D3 is the best protection and treatment available to create a strong immune system. I will provide a list as soon as I have time. Studies show that lack of D3, as

well as a poor lifestyle, maybe the prime cause of most diseases including prostate cancer, breast cancer and others.

Anne and I have always taken 10,000 to 20,000IU of D3, even when we lived in the sunshine of Mallorca. Just 2 hours sunbathing in the sunshine will provide 40,000IU of D3. With our supplements and walking around in a pair of shorts, we were probably getting upwards of 60 - 100,000IU of D3 every day. Now D3 builds up in the body over the summer period to help see you through the winter. We probably had over 1,000,000IU of D3 protection for the winter holiday season back in the UK.

In North America, the retirees jump in their mobile homes and drive south for the winter to the desert camping grounds. They mostly claim they feel healthier and that their diseases go into remission in this desert where fungus does not exist and D3 is in abundance.

There is D3 in many of my supplements for the people who are already healthy but if you are one of the at-risk people I recommend you add the D3 capsules which deliver 4000IU and take 3 caps x 3 times per day. This gives you a 36,000IU dosage and with the amount you get in other supplements will take you to the 40,000I that studies show is highly protective. Do not listen to doctors who recommend 400IU. Yes, that's correct 400IU which is the amount I would give to a newborn baby.

## I Trust This Helps Put It All In Perspective.

The reality is that getting healthy and staying healthy is the best way to stay alive.

If you are new to my newsletters, here is a quick program to get you healthy enough to survive, but only if you stick with the plan.

Readers will know that a sodium bicarbonate IV is used every day in hospital emergency rooms to rescue patients at death's door. I called sodium bicarbonate "The Penny Cure." In our many glasses of water over the day, we take a 1/4 to 1/3 teaspoon of sodium bicarbonate. And, we take CureC™ Liposomal Vitamin C + Quercetin, along with Active Life™, PrescriptBiotics™, Nascent Iodine, Daily Immune Protection™ (D.I.P.), and Ancient Magnesium Bath Flakes Ultra. Those with unhealthy lungs should add SERRANOL™.

**Here, you'll find my Recommended 5-Step Plan to prevent severe infection:**

1. **Stop eating all grains, cereals, and other high-sugar foods and drinks.** Research indicates that the consumption of wheat contributes to the growth of pathogenic bacteria in our gut, adding to the mounting concern that grains/cereals (often contaminated with Roundup herbicide) are one of the worst foods to consume for gut health. The foods to avoid: high-sugar foods and drinks, all breads, pastry, biscuits, breakfast cereals, rice, potatoes, parsnips, and wheat-based pasta.
2. **Eat more colourful vegetables and dark-skinned fruits.**
3. **Walk as much as possible for better circulation and oxygenation of your blood.**
4. **Drink 6 x 500 ml glasses of water over the day with 1/4 to 1/3 teaspoon of baking soda in each glass.** Add a squeeze of lemon juice to improve the taste. If you can, buy a large sack of sodium bicarbonate (baking soda) and put half a kilogram (1 lb.) into your bath; for an even better effect, add flakes of Ancient Magnesium™ ULTRA. This supports your immune system and more for excellent overall health. Try it for a few weeks.

5. Consider using the supplements we take, seen below from left to right in order of priority.



### [Vitamin C™](#)

The range includes:1000mg of High-Quality Liposomal Vitamin C with 175mg of Quercetin, 1000mg Liposomal Vitamin C and Cam Camu Capsules. For all ages from infants to seniors. Protect healthy cells and has various health benefits that may support immune function, brain health, blood sugar and heart health.

### [Daily Immune Protection™ \(D.I.P.\)](#)

Contains Epicor®, eXselen™ and a high dose of Beta Glucan with a strong dose of Vitamin D3 to support a balanced immune response and provide extra support for healthy cell growth. Suitable for vegans.

### [OliveLeaf+Zinc](#)

A super antioxidant, olive leaf is considered to potentially offer immune protection against colds, flu and other viral infections. Oleuropein, one of the primary compounds in olive leaf, is believed to exhibit potent anti-viral, anti-bacterial and anti-fungal properties, offering wide-reaching immune support. The addition of zinc, also critical for a strong immune system and often deficient in the diet, enhances the power of this product. Can be used all year round or for more occasional targeted support. Suitable for vegetarians and vegans.

### [PrescriptBiotics™](#)

Taking probiotic supplements is recommended to help balance the bacteria in the gut, which in turn supports digestion and nutrient absorption, as well as overall immunity. Prescript Biotics, contains a custom cultured blend of soil-based organisms, in its own prebiotic food source, to help

balance the diversity of the microbiome; supporting digestion, immunity and overall health. Soil-based probiotics are the first choice for optimum health, as they are well adapted to the environment of the gut and offer long-term benefits. Suitable for vegetarians and vegans.

#### [Nascent Iodine](#)

Consumable iodine in its atomic form that provides a safe energy release when consumed. May help to provide increased energy and immunity levels. Supports thyroid health and hormone production. Suitable for vegetarians and vegans.

#### [Hydrosol Silver](#)

Hydrosol Silver Spray - The active ingredient in the Hydrosol Silver Spray is a unique patented Silver Technology, using nano-particles for superior absorption, containing 10ppm hydrosol silver. Using a silver spray can act as the first line of defence against unwanted pathogens. Being anti-microbial it is able to support immunity, by targeting invading bacteria, viruses, fungus and so on. By boosting the immune system, you allow your body's own natural defences to work much more efficiently. Suitable for all the family.

#### [Vitamin D3-K2 Spray](#)

Combines 1000IU of Vitamin D3 and 100mcg of Vitamin K2 MK7 in an easy to use sublingual spray for maximum absorption. Helps to support a normal immune system response, support better calcium absorption and phosphorus absorption in the bones. It is also the world's only Vegan and Vegetarian Society Registered Vitamin D3.

#### [Vitamin D3 \(4000IU\)](#)

An essential combination of 4000IU Vitamin D3 and 100mg calcium. May help to support and maintain bone health. May help to regulate over 200 genes in the body. Suitable for vegetarians and vegans. 100 capsules.

### **Remember:**

Really healthy people don't die of Flu or Corona Virus. Read and follow the plan in my eBooks, even if you can't afford everything. The more you do of the things that don't cost money, the bigger the difference in your health you'll see. You can see great improvements specifically from taking sodium bicarbonate and Ancient Magnesium™.