

# Health News (Week 05 - 2020)

## By Robert Redfern

### How do you know when a confirmed liar is telling the truth?

This is not a riddle. It's a fair question. Whether it's a politician, a business, a friend or even a family member who is frequently telling lies, how do you know when to believe them? In this case, I'm referring to the Pharma/Medical Cartel. I can list time after time Pharma have been exposed for telling lies.

It's not just me. The authorities have fined the Pharma industry many billions for telling lies and killing and damaging the population with ineffective drugs.

The problem is: They're wealthy enough to pay these fines, and they also give huge bribes to the political systems of every country for ongoing protection. Their riches come once they get a licence to sell their ineffective drugs. If the government allows them to name their price, they make a fortune, which they share with the political system.

Take the drug **Nexium**, for example. AstraZeneca manufactures the stomach-acid drug in Sweden and sells it to consumers in the U.S., Canada, U.K., Australia, New Zealand, India and Turkey.

One 40mg pill costs \$7.78 in the U.S. compared to \$3.37 in Canada. The price drops even more to \$2.21 in the U.K., Australia and New Zealand. In India and Turkey, the same pill costs less than 37 cents.

Abilify is also sold at a significantly higher price in the U.S. than elsewhere in the world. Otsuka manufactures the antipsychotic drug in Japan and sells it in the U.S. for \$34.51 per pill. The same pill costs \$4.65 in Canada — 87-percent less than in the U.S.

It's well-known that the Pharma/Medical Cartel bribe politicians (especially in the USA) to allow doctors to prescribe expensive drugs and get the FDA to protect them. Their next step is to terrorise all governments to get on with the con.

## Lies and Terror

This tactic is one of their favourite money-making cons. Of course, they shared it with the master criminal types favoured in James Bond. The Master Criminal terrorises the world by threatening to wage nuclear war on the major cities all over the planet. Naturally, James Bond is the saviour and defeats the evil Master Criminal at the last minute before any ransom is collected.

The Pharma/Medical Cartel (known liars) have been terrorising the population with the virus for nearly 100 years. Almost every death they claim is caused by a disease that only they can help protect you from, with a "hint" at the cure. This claim is the central lie since they never cure anything, except bacteria, and even this is getting harder as antibiotics fail.

The Pharma/Medical Cartel pretend to play the role of the good guy and defeat the deadly virus. This is as real as a James Bond movie.

## Con-A-Virus

The big lie comes from the virus threat. This lie has been used for the last 100 years. It explains the disease and death that the Cartel saw as a way of terrorising the populations to believe in them. Since they did not have a drug to treat these deaths, they made up stories, starting with a great flu epidemic.

There is no way to prove a virus exists (unless you also believe in fairies or are in the pay of the Pharma/Medical Cartel). So, a fictitious virus -- or, as I call it, a Con-A-Virus -- is the perfect way to terrorise the populations into rushing to doctors (who are trained by the Pharma/Medical Cartel) and pressing governments to buy vaccines.



Of course, the vaccines work for those who were not going to die anyway (in the same way a magic wand would work). The deaths that do take place occur in relatively small amounts compared to the millions that die from “other” infections.

## Surely, They Save Some Lives?

I can only answer this if someone can answer my question: How do you know when a confirmed liar is telling the truth?

**The best example I can give is one I have used many times in my newsletters:**

- Over 3 million people die in European hospitals every year from infections and sepsis. Millions more die around the world.
- Many studies of IV vitamin C over the last 60 years show that large percentages of infections from many sources can be helped.
- Yet the Pharma/Medical Cartel says, “There are no studies.” This is another lie.

The latest study in the USA was titled, “**Hydrocortisone, Vitamin C and Thiamine for the Treatment of Severe Sepsis and Septic Shock: A Retrospective Before-After Study.**” It was published in December 2016 in the journal Chest (for American chest physicians). The study was a cooperative effort among three Virginia area medical schools and institutions.

**The study’s conclusion:**

- The study tested 47 ICU cases of sepsis who received IV vitamin C with thiamine and hydrocortisone to address inflammation over seven months.
- The records of 47 other sepsis cases in the year before clinically testing the “IV sepsis cocktail” became the control group to provide a comparative analysis.
- The hospital mortality was 8.5 percent (4 out of 47) in the treatment group compared to 40.4 percent (19 out of 47) in the control group who had sepsis or septic shock without the vitamin C “sepsis cocktail.”

**The sepsis patients treated with vitamin C had a fourfold, or 400-percent survival rate, compared to standard drug treatment.**

If this was applied to the millions of sufferers of hospitalised infection around the world, then millions could be saved.

If the Pharma/Medical Cartel wants to claim they have a better treatment, then they simply have to ask for a comparative study against a combination vitamin C treatment, as was conducted above. This will not happen because they are scared the public will see their medications do not compare. Also, the FDA has issued threats about competing with drugs, mostly directed at manufacturers of IV vitamin C.

## So, What Should You Do?

My wife Anne and I are in the city of Melbourne, Australia. We just popped out and had a vitamin C IV from a high street clinic that provides IV vitamin C combined with sodium bicarbonate. You may find it in your area: In the U.K., many Health & Beauty Clinics are offering IV vitamin C. Call around for prices and availability.

Readers from last week’s newsletter will know that a sodium bicarbonate IV is used every day in hospital emergency rooms to rescue patients at death's door. I called sodium bicarbonate “The Penny Cure.” In our many glasses of water over the day, we take a 1/4 to 1/3 teaspoon of sodium bicarbonate. And, we take CureC™ Liposomal Vitamin C + Quercetin, along with Active Life™, PrescriptBiotics™ and Daily Immune Protection™ (D.I.P.).

**Here, you’ll find my Recommended 5-Step Plan to prevent severe infection:**

1. **Stop eating all carbs and other high-sugar foods and drinks.** Research indicates that the consumption of wheat contributes to the growth of pathogenic bacteria in our gut, adding to growing concern that grain (often contaminated with Roundup herbicide) is one of the worst foods to consume for gut health.
2. **Eat more colourful vegetables and dark-skinned fruits.**
3. **Walk as much as possible for better circulation and oxygenation of your blood.**
4. **Drink 6 x 500 ml glasses of water over the day with 1/4 to 1/3 teaspoon of baking soda in each glass.** Add a squeeze of lemon juice to improve the taste. If you can, buy a large sack of sodium bicarbonate (baking soda) and put half a kilogram (1 lb.) into your bath; for an even better effect, add flakes of Ancient Magnesium™ ULTRA. This supports your immune system and more excellent health overall. Try it for a few weeks.
5. **Consider using the supplements we take, seen below from left to right in order of priority.**

**Magnesium ULTRA Bath Flakes**



High-Quality Liposomal Vitamin C 1000mg, 175mg of Quercetin plus 1000mg PC per serving. May protect healthy cells and reaches cells up to 10 hours faster than over-the-counter tablets. Provides various benefit for optimum health. Vegan and vegetarian friendly.

**Magnesium OIL ULTRA**



A full spectrum multivitamin and mineral formula containing 130 nutrients in one capsule. Contains a patented form of 5-MTHF Folate that’s perfect for 100% of the population. Contains 180 vegetable capsules. Ideal for the whole family. Suitable for vegetarians.

**Nascent Iodine**



Bio-Identical SBO Probiotics Consortia™ with gut-boosting benefits. As a powerful soil-based microflora, it is custom cultured to rebalance good gut flora. May support immunity and overall health. Contains 90 vegetable capsules. Suitable for vegans and vegetarians.

**Ionic Selenium**



Supports a balanced immune system with a combination of EpiCor® and eXselen™ Selenium with a strong dose of Vitamin D3 to protect against infections and boost immune responses, while supporting healthy cell growth. Contains 90 vegetable capsules. Suitable for vegetarians.

**Magnesium ULTRA Bath Flakes**



Natural Magnesium Flakes from the prehistoric Zechstein seabed with OptiMSM, the world’s purest MSM. Promotes healthier looking skin and may improve immune response. Supports detoxification and increases cellular magnesium levels.

**Remember:**

Read and follow the plan in my eBooks even if you cannot afford everything. The more you do of the things that do not cost money, it will still make a difference and especially SODIUM BICARBONATE.