

Week 10 (2019)

Robert's Gone Missing

As you read this I will be walking around the largest natural products trade show in the world in Anaheim, California. It can take four days to get around this show and I am here to see what is new and talk to the manufacturers of ingredients and supplements.

I am also here looking for more ecological alternatives to plastic bottles. More about this in the future newsletters. However, there is some bad news.

BAD NEWS

I posted an article in Naturally Healthy News but want to make sure you didn't miss it with me being at Anaheim.

Deaths From Prostate Cancer 'Surpass' Those Of Breast Cancer in The UK

This is bad news for all couples and it shows the message of natural health care is not getting through to men and their spouses.

Please take note, whichever country you live in.

For the first time, Prostate cancer is now an even bigger threat than breast cancer in the United Kingdom. Heart disease has now even replaced breast cancer as the third-leading cause of cancer-related deaths. The disease is rising in numbers but little is being done to raise awareness on preventing prostate cancer.

Natural methods are not mentioned as they are simply suppressed by the cancer industry. Each year, an estimated 11,800 men succumb to prostate cancer – meaning that every 45 minutes or so, a person dies from prostate cancer. While 11,400 women die from breast cancer annually. Prostate cancer is now the third biggest cancer threat in the UK, with only lung and colon cancers behind it.

Vitamin D For Preventing Prostate Cancer

The cancer industry doesn't want you to know or raise awareness about it, but Vitamin D is an essential nutrient that can prevent prostate cancer. Specific research has shown a Vitamin D deficiency can possibly contribute to prostate cancer. While studies also show that a lack of Vitamin D can cause prostate cancer to become aggressive and difficult to treat. Various studies indicate that a Vitamin D deficiency can make tumors more aggressive.

In one study reported by the Harvard Prostate Knowledge and published in the Clinical Cancer Research journal, they found that "the lower the Vitamin D level, the more

aggressive the prostate cancer.” While a study from 2015 found that supplementing with Vitamin D can slow the progression of less aggressive prostate cancer.

In some cases, it may even reverse it entirely so there’s no need for radiation therapy or surgery. Finding a natural alternative to cancer therapy or surgery is often preferred as conventional medical treatment can be a daunting risk that doesn’t always work.

Health experts are however acknowledging that cancer is associated with inflammation, particularly in the prostate gland.

A Natural Alternative For Preventing Prostate Cancer

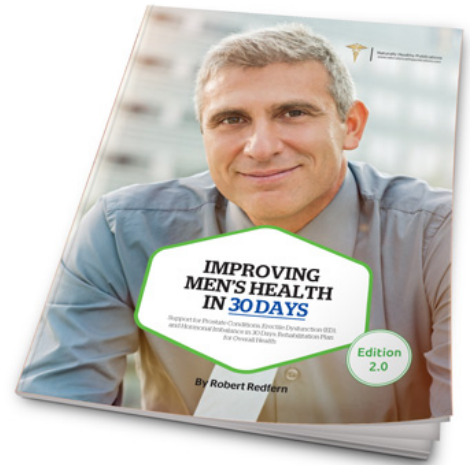
Following a prostate health plan is highly recommended for finding relief from prostate cancer. Natural alternatives for prostate cancer relief include Serrapeptase that can clear the inflammation and dead scar tissue, Curcumin that has been shown in studies to kill cancer cells and Vitamin D3 that as stated above, can help with reversing prostate cancer.

By combining these nutrients into your daily lifestyle, you can begin to make improvements in your cellular health that may help to prevent and even reverse the cancer. You must get on a ketogenic diet (preferably vegan) as when your blood glucose levels are at a low level (due to avoiding sugar) you can starve the cancer cells of their main food source – glucose. This can potentially prevent the cancer from spreading any further.

Recommended Reading

Improving Mens Health in 30 Days

– Readers will find out how to improve their prostate health, the role inflammation plays in disease along with the latest research surrounding the causes behind erectile dysfunction and hormonal imbalances. ***Can be [downloaded for free](#) from *Naturally Healthy News*.***



Three Recommended Examples



Serranol™

Serranol Is A Powerful Combination Formula Of Four Key Ingredients In One Capsule.

Contains:

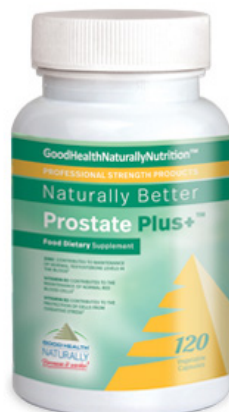
- Serrapeptase
 - Curcuminx4000
 - Ecklonia Cava Extract
 - Vitamin D3
- to form a unique super supplement that studies show can target dozens of health and age-related issues.

Take 2 capsules x 3 times per day.

Take 30 mins before eating a meal with water.

Reduce to 1 x 3 after a good relief.

[Available from Good Health Naturally.](#)



Prostate Plus+

Designed for prostate recovery, maintenance and health.

“Prostate Plus+™ is a powerful non-drug, NATURAL vitamin, herb, and mineral formula with activating enzymes for maximum absorption and therapeutic effect. 23 important nutrients with a raft of good studies have been combined to deliver what we consider to be the most effective formula available. An example is Vitamin D3 from a vegan source supplying up to 2400IU per day. If you’re male and over 40, you MUST consider looking after your prostate health!”

Take 2 capsules daily with food.

[Available from Good Health Naturally.](#)



PrescriptBiotics™

Contains Bio-Identical SBO Probiotics Consortia™ with 22 gut boosting benefits to support your immune system and general health.

This is a group of natural, friendly microorganisms that help to renew the gut and create a healthy balance between the good guys and bad guys among your gut bacteria. “Bio-Identical” SBO Probiotics Consortia™ means life-giving and identical; Prescript Probiotics’ soil-based bacteria are nearly the same as the life-force bacteria naturally found in your gut.

Take 1 capsule a day, 30 minutes before a meal or snack.

[Available from Good Health Naturally.](#)