

Week 03 (2019)

Do You Want To Be An Expert?

I am always excited when explaining how HealthPoint™ works and sharing HealthPoint™ inspired tips for leading a healthier, effective and more powerful life. We have helped tens of thousands of ordinary people as well as Physiotherapists/Chiropractors to become experts at locating acupressure/acupuncture points and treating the hundreds of conditions that respond to this treatment. You may have seen HealthPoint™ in the magazines and wondered if you can use it? Well, you can.

It just takes a little practice to treat the 160 conditions including:

Eyesight Conditions such as macular degeneration as part of my eye health recovery plan.

Pain Problems such as knees, hips, back and many more...

E.N.T. Problems such as Bells Palsy and Sinusitis.

Abdominal Problems such as Colitis and haemorrhoids

Skin Disorders such as Eczema and Psoriasis

Chest Disease such as Asthma and Croup

Genito-Urinary Problems such as Cystitis and Bedwetting.

Many others including Hay Fever, Stroke Recovery (especially amazing) and Chronic Fatigue.



To remind you, Anne and I have travelled all over the UK, USA (with Larry Ratliff), Ireland, Europe and Canada for over 25 years, demonstrating and training in the uses of HealthPoint™. We enjoyed these times immensely and are thrilled that we can support and train even more people over the internet.

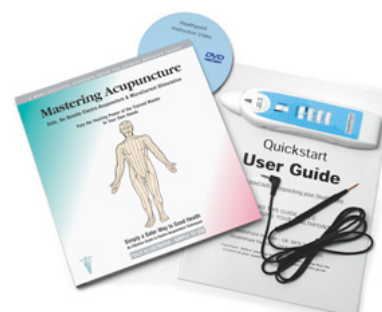
9 Ways HealthPoint™ Can Change Your Life

1. It gives you the Power.

HealthPoint™ gives you the power of the acupuncturist in your hands but without needles. Using its unique method of locating and stimulating the healing points known as acupressure or acupuncture points, you will always get the point and the fast results. Simply stimulates your body's health system to function correctly via these points.

2. It gives you the Knowledge.

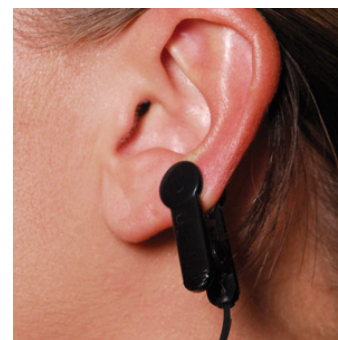
We created a training DVD, a QuickStart guide, and the best treatment manual we have ever seen called Mastering Acupuncture – without needles, which has over 160 different conditions that respond to acupuncture. These 160 effective treatments range from joints to asthma and even hay fever. You also get support from us, which you already know is second to none.



3. It will help you feel less stressed.

HealthPoint™ takes the edge off stress and anxiety. It can remove you from the perpetual state of sympathetic dominance, lower cortisol (the stress hormone) in which so many of us find ourselves and feel in more control.

You can treat the acupuncture points or use the ear clips that deliver microcurrents, alternatively called CES (cranial electrotherapy stimulation) or MET (microcurrent electrical therapy). This treatment is being used for stress, anxiety, relief from chronic pain (including fibromyalgia, TMJ pain, arthritic pain, RSD, post-operative pain, chronic pain or pain syndromes, headache pain and pain from injury), and even better, the things that can result from these such as depression and insomnia.



Addictions

CES/MET helps in dealing with the stress and anxiety effects of withdrawing from any addictive substance including carbs/sugar, nicotine, alcohol, prescription drugs and narcotic drugs.

Self-Control

Agoraphobia (anxiety when outside) and OCD (Obsessive Compulsion Disorders) can benefit using CES/MET and should be a 1st line treatment. CES/MET is also being used by people playing computer games to keep them relaxed and to improve their scores. This is important as they learn to lower cortisol and yet stay in better self-control. This may be useful for all of us in these troubled times.

4. It will give you access to the best joints in town.

There is nothing to compare to HealthPoint™ for recovering and keeping your joints pain-free and healthy. It is usually instant pain relief and with a course of self-treatment, most problems will be recovered in a month or so – whether it is knees, feet, hips, back, neck, frozen shoulders, elbows, wrist and hands. All are shown in the DVD and detailed in the manual (and many more conditions).

5. It will give you more energy and mental clarity.

Although it's common to find yourself after a HealthPoint™ treatment in a somewhat relaxed state— the after effect is usually increased energy. Many people report having more energy in the hours, days and even weeks after starting treatment. You may notice that you're more in control, feeling more motivated, or just sensing a little extra spring in your step.

6. It will allow you to become your EXPERT family health physician.

HealthPoint™ is completely safe (even if you do it correctly) and once you are practised at treating yourself you are set to treat your whole family now and in the future for any of the 160 conditions in the manual. You can even treat your dog and your horse as you become more confident. There are many people who have been using HealthPoint™ for over 20 years.



7. It will help you sleep.

Insomnia is one of the most common complaints seen by acupuncturists, and HealthPoint™ can be highly effective at resolving it. Even people who do not recognize they had sleep

problem find HealthPoint™ can produce more restful nights. This often is the perfect answer when combined with my sleep formulations: RelaxWell, SleepWell and Magnesium OIL ULTRA.

8. It will give you something to talk about.

HealthPoint™ is a great topic of conversation! Next time you're looking for a topic of conversation at a social gathering, mention that you recently had an 'alternative' to acupuncture. You'll be an instant sensation. People love learning about acupuncture and will be fascinated with your HealthPoint™. Does it hurt? How does it work? Are there any needles? People also have their own acupuncture experiences, so it's a quick way to find common ground and make an enjoyable conversation.

9. It will make you believe in yourself.

The driving idea behind HealthPoint™ is that we're already in possession of everything we need to be well: diet change, proper breathing, exercise, missing nutrients, etc. HealthPoint™ does not add or subtract anything from this but simply kick-starts your body to do what it already knows how to do. It enables you to have the power to heal yourself. This does not mean that external interventions such as pharma drugs or surgery should always be shunned—in those rare cases they are needed for life-saving measures. But it does mean that becoming healthier is within your control. When it comes to improving our physical and emotional health, most of us are capable of a lot more than we think. By using a therapy like HealthPoint™, which kick-starts your healing capacity, you're making a statement that you believe in yourself.

To shop for HealthPoint [click here](#)

For all of my readers and friends use coupon code **HEALTHPOINT** at the checkout for **20% off HealthPoint**. Please note this will expire 28th FEB 2019.

If you have any questions you can contact me directly here. I will answer in strict confidence and as soon as possible.

Remember

We demonstrated HealthPoint™ to tens of thousands including the public, doctors, physiotherapists, vets, horse breeders, dog breeders, and even acupuncturists and I cannot remember one that was not greatly impressed at how clever the device was at locating points and their immediate effect.

[Click here](#) to see the HealthPoint training Video

[Click here](#) to see me demonstrate how to treat Macular Degeneration.

