

Week 32 (2018)

Death by Ignorance...or Arrogance?

There is an epidemic of a condition that is killing over 11 million every year in western countries. There is a very cheap cure for this with no side effects that is being ignored by the medical system to the point of it being a crime against humanity.

- In the USA, 1/3rd of all deaths in hospitals are caused by this condition.
- In Europe, 2.5 million people die every year from it.
- In the UK, 15,000 die every year in hospitals from it.
- Researchers show up to 90% could be saved from dying.

90% of Deaths Prevented

The researchers compared the outcomes of 47 sepsis patients who had been treated in the medical school's intensive care unit, and 47 other patients who were instead given IV vitamin C.

Just 8.5 per cent—or four patients—died from sepsis after having vitamin C therapy, compared to 40.4 per cent, or 19 patients in the group given standard care. The vitamin C group was also given corticosteroids and thiamine (vitamin B1). (Source: Chest. 2017 Jun;151(6):1229-1238. doi: 10.1016/j.chest.2016.11.036. Epub 2016 Dec 6.)

I recently had a desperate email from a reader asking would I try persuading the hospital consultant treating his mother for sepsis to use the procedure above. He had already given the consultant the information which was dismissed out of hand (ignorantly...or arrogantly?). This is not the first time I have been asked to persuade hospital staff to consider studies but I only follow this up if these staff have asked to speak to me for clarification.

What Can You Do In the Face of Ignorance...Or Arrogance?

My advice starts before you even go into hospital.

Everyone is at risk whether they are babies or 100 years old, as they need to build strong immune systems by stopping starchy carbs and other high-sugar foods.

You need to eat high levels of vitamin C rich foods. Vegetables such as Broccoli, Brussels Sprouts, Cauliflower, Green and Red peppers, Spinach, Cabbage, Kale, and other leafy greens.. Fruits include: Kiwis, Blackcurrants, Guavas, Tomatoes and Tomato Juice, whole lemons including peel, strawberries, etc.

If you are already in hospital?

Get family or friends to bring all of your food in from the above. They can bring them in the form of smoothies or chopped salads or stir-fries. Whatever you do, don't eat hospital foods!

I strongly recommend you have your bottled drinking water brought in. Add a small pinch of bicarbonate of soda as well as a few sprays of Hydrosol Silver in each one.

Plan and take a supplement regime WELL before you go to hospital, including:

[Prescript-Biotics™](#), [CureC™ Liposomal Vitamin C](#) or [Camu Camu™ Capsules](#) and [ActiveLife™](#). It is unlikely the hospital will let you take things in and you would then have to rely on visitors bringing you some every day.

If Things Take A Turn For The Worse

If it is sepsis, things can go downhill very fast (possibly hours) and if the consultant refuses to give you the recovery protocol in the study above, then Liposomal Vitamin C is your only hope. Having a few bottles hidden in your personal bag is the best solution. Take a sip as this is equivalent to a teaspoon every waking hour. Hold it in your mouth to let it absorb into the blood stream within minutes. Keep drinking the bottles of water.

No matter how much the staff may terrorise you, there is nothing I recommend that will do harm – it will only help anything they are doing.

Here is my overview in a previous newsletter...

Sepsis

If you read medical articles in the media, you will see that we have an epidemic of Sepsis killing around 10,000 people every week in Western (so-called advanced) countries and leaving a similar number of survivors with terrible side effects. The media reporting is confusing to even the most careful reader – and at worst terrorises them.

Examples of headlines include:

- Sepsis: The Most Common Killer
- Sepsis: What Killed Patty Duke
- UN Joins War Against Sepsis
- Sepsis is a Life-Threatening Blood Poisoning
- Sepsis is a Life Threatening Illness
- Heart-breaking Stories That Prove That Sepsis Kills Adults Too

I read that these terrible figures of deaths and injuries may be 70% higher and that the doctors and hospitals under-report as they cannot bring themselves to report the true epidemic.

To put it all in perspective, a recent Ebola outbreak in Africa killed around 10,000 people in total and created a mass mobilisation of resources yet EVERY WEEK 10,000 people in North America and Europe are reported to die from Sepsis...but because Pharma does not have a drug they are useless at saving these lives.

So, What Is Sepsis?

Sepsis is NOT a disease nor is it septicaemia, it is the normal function of the immune system that sends chemical messengers around the body to identify and create local inflammation wherever it finds infection.

The immune system then sends out the cavalry in the form of macrophages. Macrophages could be said to be our best friend in this world. They are large white blood cells that do many jobs around the body that protect you, helping to heal and regenerate you.

To deal with Sepsis they create hydrogen peroxide to clean up anything nasty at those areas. Sepsis has been identified as: Cancer, toxins, dead cells, bacteria, virus, fungi, and parasites. Macrophages also clean up the residual inflammation afterwards.

So, What Goes Wrong?

The macrophages stop working or become dysfunctional. They cannot clear the infection but the work Sepsis is doing carries on. Eventually the inflammatory response starts to overwhelm the organs and tissue, the infection spreads and then we are at severe risk of dying. In my opinion, it is the same problem with most diseases such as cancer, Alzheimer's, and autoimmune diseases – the cause is a dysfunctional immune system.

So, What Causes a Dysfunctional Immune System?

Poor breathing, living a sedentary lifestyle, the food we eat, the food we don't eat, plus other lifestyle factors. You can easily prevent Sepsis and this can be done simply by reading any of my newsletters or eBooks or at www.NaturallyHealthyNews.com – the lifestyle and healthy foods plan you can follow to avoid compromising your immune system. Last week's hormone newsletter showed the lifestyle needed to make you stronger.

Why Can Doctors Not Cure Sepsis?

I have recently read various reports of doctors getting good results with Vitamin C in an intravenous drip. A Dr. P. Marik decided to conduct his own trial of 47 patients and saved the lives of 5 times more people than the normal treatment given to patients with Sepsis. The patients Dr. Malik successfully treated also had less ongoing side effects.

No Side Effects!

Neither bicarbonate of soda nor Vitamin C have any side effects whatsoever (in spite of what the medical system and the fake media say).

Remember

I cannot be clearer, prevention of disease is better than hopeless treatments by hospitals. If you ignore my plans and get Sepsis then do not be afraid to demand the above protocol for intravenous Vitamin C as the first line of treatment.

Ask your relatives to put it in writing that the doctor in charge who refuses will be personally taken to court if you die.

Three things: walking, nutritious foods and breathing, are your strongest assets in staying younger, healthier and stronger with a healthy immune system.

If you have a weak immune system in spite of the above, then these are my recommendations below.

Download my Autoimmune Book for free: [Click Here](#)

And see my recommended Immune Support products: [Click Here](#)



CureC



Camu Camu



Prescript-Biotics



Active Live



Hydrosol Silver

