

Week 02 (2018)

Makes Me Furious!

Many things make me furious and that is what drives me to stay healthy and keep working to help people get their health perfect. There is one thing that really makes me furious and that is mixing up the words 'Turmeric' and 'Curcumin'.

Long-time readers will know my passion for Curcumin and the almost incredible benefits you can receive from taking it. The issue of my newsletter today is about me venting my frustration at the deception (or pure ignorance) when scientists and marketers use the word Turmeric and mix it up with the word Curcumin. They are not the same!

Turmeric

Turmeric is a plant. The root of turmeric is a common yellow Asian spice used to flavour foods as well as being used as a tonic over thousands of years. It is great for cooking and fantastic as a tonic. It is not Curcumin.

Curcumin

Curcumin is a substance (called a curcuminoid) extracted from the root of the turmeric in tiny amounts. Curcumin has many studies showing that it has amazing healing properties for its **anti-bacterial, anti-inflammatory, anti-viral and anti-fungal properties.**

CANCER AND CURUMIN IN THE NEWS

Curcumin has been shown to eliminate cancer, it has been documented within the *British Medical Journal* "case reports" archive. The medical establishments have been forced to document the case of a woman, completely eliminating Stage-3 myeloma cancer, using nothing except turmeric – a superfood commonly found within curry.

WRONG! – It wasn't Turmeric – it was Curcumin. Later in the article it correctly says Curcumin but the damage is done in the minds of readers. In various blogs, I have seen people commenting that since they put Turmeric in their foods they are protected from cancers.



GOOD NEWS

The patient, a woman with Stage-3 myeloma, eliminated all signs of cancer from her body by taking the Curcumin supplement made from turmeric root. Curcumin is the most powerful phytochemical found within turmeric and the woman in question learned about the powerful healing properties of Curcumin via the internet.

Dieneke Ferguson, 67, [battled blood cancer for years](#) without success, even trying chemotherapy and other gruelling treatments...but none of them failed to stop it. After realising the toxic effects of chemotherapy on the body, Ferguson stopped the process and started taking Curcumin instead.

Dieneke is now leading a normal life and has given up all treatments except for the Curcumin. **Five years after starting the Curcumin, she is now cancer-free and has outlived the full-life expectancy of someone diagnosed with this type of cancer.**

Curcumin Studies

To confuse the issue, many of the published studies mention the study is for Turmeric when they mean Curcumin. This is an example of the sloppiness of many scientists.

If you search MEDLINE (PubMed) on the internet there are over 1,800 studies already listed for Curcumin and many of them show: Cancer (cell growth), Skin Cancer (conditions of the skin), Arthritis, Alzheimer's Disease, Digestive System Disorders, Lung Disease, Bacteria, Viruses, Fungi, Parasites, Heart Disease and Liver Damage. As you can imagine, there are far too many to mention but there are **almost none** for Turmeric!

Beware

Many marketers use this confusion to sell Curcumin diluted with Turmeric – but beware! Curcumin is the active ingredient, and Turmeric is a cheap kitchen spice used instead of the real Curcumin to bulk it out.

For 18 years, I have worked with Curcumin and have recommended this amazing ingredient to help support a broad range of health problems. Whether you are just researching for general health or whether it is for a more serious health recovery plan, Curcumin must be part of the answer you need.

It is so good I recommend it as a prime treatment for cancer and many other conditions. I doubt whether very many doctors will ever recommend this to you. The reality is that when something as good as this comes up against Big Pharma, it will always be suppressed (despite the 1,800 studies!)

That's why I wrote my eBook that details the whole background on this unique nutrient. From my eBook you will:

- Get a good understanding of Curcumin
- Its historical use
- Discover the role that Curcumin can play when battling disease
- Identify whether Curcumin can help you I also have dozens of articles on www.NaturallyHealthyNews.com, which you can find by searching for 'Curcumin'.

I also have dozens of articles on www.NaturallyHealthyNews.com, which you can find by searching for 'Curcumin'.



Absorption Is Critical

When taken as a supplement VERY LITTLE Curcumin is absorbed and in studies, 25 capsules were needed to get benefits. Therefore, I recommend a product that offers the best absorption!

The Curcumin that I recommend is called CurcuminX4000 and this contains MERIVA and uses new technology to increase absorption. A published study shows that this is up to x23 better than ordinary Curcumin while an unpublished study claims it could be x45 better! If you follow the instructions, one bottle will last approximately 2 months. You can take more depending on your requirements.

My Super Curcumin Formulations



The first is 180 x 200mg capsules of super **Curcumin** bound to a fat, which gives the most utilizable curcumin available. This can be used for anything and is taken in very high doses in urgent cases or small daily doses just for protection. This is called **CurcuminX4000**.

[SHOP NOW](#)



The next is my formulation that contains 90 x 250mg of super **Curcumin** bound to a fat, 50mg of **Ecklonia Cava** (Seanol) an extract from seaweed, 80,000iu of **Serrapeptase** and 1000iu of **Vitamin D3**. This gives a much wider range of benefits both for urgent cases as well as small daily doses just for protection. This is called **Serranol**.

[SHOP NOW](#)



Liposomal Curcumin Plus Resveratrol May improve health at maximum nutrient strength with support from the antioxidant **resveratrol**. Curcumin is derived from the popular Indian spice turmeric, and resveratrol can be found in red wine, dark chocolate, and berries. Taking both protective compounds together in a liposomal form has been shown to increase nutrient blood serum levels significantly. **Perfect for all Brain, Neck, Throat conditions.**

[SHOP NOW](#)

Remember:

All diseases are caused by incorrect foods, lack of nutrients and not walking enough. Start today to correct these and move towards Good Health Remember it is Curcumin...