

Week 21 (2017)

What Is Sepsis?

Sepsis

If you read medical articles in the media you will see that we have an epidemic of Sepsis killing around 10,000 people every week in Western (so called advanced) countries and leaving a similar number of survivors with terrible side effects. The media reporting is confusing to even the most careful reader – and at worst terrorises them.

Examples of headlines include:

- Sepsis: The Most Common Killer
- Sepsis: What Killed Patty Duke
- UN Joins War Against Sepsis
- Sepsis is a Life-Threatening Blood Poisoning
- Sepsis is a Life Threatening Illness
- Heart-breaking Stories That Prove That Sepsis Kills Adults Too

I read that these terrible figures of deaths and injuries may be 70% higher and that the doctors and hospitals under-report as they cannot bring themselves to report the true epidemic.

To put it all in perspective, a recent Ebola outbreak in Africa killed around 10,000 people in total and created a mass mobilisation of resources yet EVERY WEEK 10,000 people in North America and Europe are reported to die from Sepsis but because Pharma does not have a drug they are useless at saving these lives.

So, What Is Sepsis?

Sepsis is NOT a disease nor is it septicaemia, it is the normal function of the immune system that sends chemical messengers around the body to identify and create local inflammation wherever it finds infection.

The immune system then sends out the cavalry in the form of macrophages. Macrophages could be said to be our best friend in this world. They are large white blood cells that do many jobs around the body that protect you, helping to heal and regenerate you.

To deal with Sepsis they create hydrogen peroxide to clean up anything nasty at those areas. Sepsis has been identified as: cancer, toxins, dead cells, bacteria, virus, fungi, and parasites. Macrophages also clean up the residual inflammation afterwards.

So, What Goes Wrong?

The macrophages stop working or become dysfunctional. They cannot clear the infection but the work Sepsis is doing carries on. Eventually the inflammatory response starts to overwhelm the organs and tissue, the infection spreads and then we are at severe risk of dying. In my opinion, it is the same problem with most diseases such as cancer, Alzheimer's, and autoimmune diseases – a dysfunctional immune system.

So, What Causes a Dysfunctional Immune System?

Poor breathing, living a sedentary lifestyle, the food we eat, the food we don't eat, plus other lifestyle factors. You can easily prevent Sepsis and this can be done simply by reading any of my newsletters or eBooks or at www.NaturallyHealthyNews.com, the lifestyle and healthy foods plan you can follow to avoid compromising your immune system. Last week's hormone newsletter showed the lifestyle needed to make you stronger.

Why Can Doctors Not Cure Sepsis?

A few doctors can and do cure Sepsis. My own brother-in-law was taken to hospital where they decided he had Sepsis. His organs were failing and his life was in danger. The doctors in the Manchester, England emergency room simply put him on an intravenous drip containing bicarbonate of soda and he was recovered in a few hours.

I wrote about bicarbonate of soda in one of my newsletters and a customer of a health store in Preston, England read this and when he happened to get the same problem, he told the doctors in the emergency room in Preston, England and they agreed and again recovered him in a few hours. I have had many such stories from kidney failure where readers have solved it by taking bicarbonate of soda in their drinking water.

I have recently read various reports of doctors getting similar results with Vitamin C in an intravenous drip. A Dr. P. Marik decided to conduct his own trial of 47 patients and saved the lives of 5 times more people than the normal treatment given to patients with Sepsis. The patients Dr. Malik successfully treated also had less ongoing side effects.

No Side Effects!

Neither bicarbonate of soda nor Vitamin C have any side effects whatsoever (in spite of what the medical system and the fake media say).

In Conclusion

I cannot be clearer, prevention of disease is better than hopeless treatments by hospitals. If you ignore my plans and get Sepsis then do not be afraid to demand Bicarbonate of Soda and/or Vitamin C as the first line of treatment.

Ask your relatives to put it in writing that the doctor in charge who refuses will be personally taken to court if you die.

Three things: walking, nutritious foods and breathing, are your strongest assets in staying younger, healthier and stronger with a healthy immune system.

If you have a weak immune system in spite of the above then these are my recommendations below.

Download my Autoimmune Book for free here [Click Here](#)
And see my recommended Immune Support products [Click Here](#)

The good news, You will live healthier and longer.