

Week 10 (2017)

Café Gratitude

Southern California Visit

I'm in Southern California to visit the Anaheim Natural Products Trade Show and to find out what is new in natural health. I'm also getting the chance to have face-to-face conversations with people and companies to make sure I get my questions answered. I will let you know if I find anything new to introduce.

Café Gratitude

Whilst here I also get a chance to visit some of the restaurants serving vegan, gluten free, organic raw foods and Café Gratitude is one of the best.

As well as the food, I was intrigued by the name Café Gratitude. I did feel gratitude for the people who run this place and how they provide super healthy and nutritious food, while returning this with great service. One of the things I noticed was that the plates also had really nice random statements such as, 'What are you grateful for?' This made me ask myself this very question...



What Are You Grateful For?

I am grateful for the opportunity over the past 27 years to be helping people to get healthy every day. This in itself is a joy but nothing compared to when I get feedback – a few days ago a long time follower who used SerraPlus+ 12 years ago to clear her blocked fallopian tubes was pleased to tell me she was so impressed with what natural health can do, that she is just about to graduate as a Naturopath. She told me I helped to completely change the direction of her life.

Even though many people have told me their life has been saved, I get a special thrill when people (including men) follow my plan to overcome infertility. If I was left with one book it would be my [Fertility Book](#) that helps couples to produce a baby when the medical system is telling them they need medical intervention.



Jake Is Getting A Sister

Long time readers will remember that I wrote about how our son's wife had been trying unsuccessfully for nearly 20 years to have a baby. The doctors had always told her it was (almost) impossible for her to get pregnant before she married our son. However, when she followed the fertility plan in my book, not only did she get pregnant but she also gave birth to our 5th grandson, Jake!

The good news is it was not a fluke and now after following the plan faithfully, Jake is looking forward to having a sister.

This is what I mean when I say I am grateful to everyone who allows me to help them, especially when it comes to producing healthy babies.

If you need help to become fertile then follow my health plan to get really healthy first before allowing for medical intervention.

Healthy parents produce the healthiest and most intelligent babies.