

# Week 40 (2016)

## It's Worse Than I Ever Imagined

I am at another trade show but this time just visiting. I normally fly over to Las Vegas for the Ingredients Trade Show but this year two of the largest suppliers of ingredients for Good Health Naturally products had booths at an ingredients trade show in Barcelona. Since it is just a 30 minute flight I thought I would try this show which is new to me and as well as other existing suppliers, there may be other suppliers with ingredients that may catch my eye. It is an essential part of what I do to question every facet of the source and quality of them. I knew nothing about this show other than that existing suppliers would be there.



Imagine my surprise when I arrived to find it is the largest Pharmaceutical Trade Show in the world. There are seven huge halls filled with all of the world's Pharma Drug companies. I have never seen so much money spent on persuading thousands of doctors and buyers. Even the smallest stand was huge and would have cost hundreds of thousands (and much more) with huge numbers of sharp suited drug pushers wining and dining these visitors who were like sheep to the slaughter.

### Worse Than I Thought

In the Anaheim and Las Vegas Natural Health Trade Show there are a few large stands of the multinational suppliers but the rest are modest booths and seeing this gross sight created a shock to my system. It really was worse than I thought – how tough the battle is to turn people away from the pharma drugs.

At least I know the enemy and will keep plugging to persuade readers to choose the good healthy route rather than the disease care pharma drug route.

### Nice Little Surprise

I did visit some of the pharma drug booths (just to hear their pitch) and other than the few dozen natural health ingredient booths, I came across a small stand for the largest producer of bicarbonate of soda in the UK. Their plant is just a few miles from where we stay when visiting the UK and I never knew what they did. Long time readers will know that bicarbonate of soda is a little miracle substance and is detailed in many of my plans and especially for recovering kidney disease.

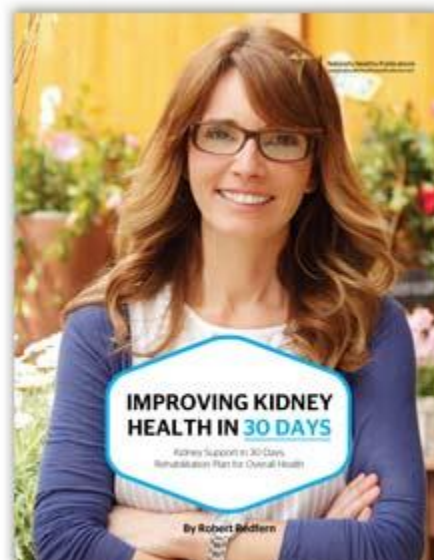
I stopped by and visited their booth with another sharp suited salesman. I thought I would catch him out and asked him which disease could be cured with bicarbonate of soda and much to my surprise he immediately said, kidney disease and stopping massive infection (septicemia) within a few hours with I.V.

I was honestly surprised but happy this knowledge is becoming widely known.

The salesman did however explain they cannot make the claim public but can tell doctors.

So if you know anyone with kidney disease download my Kidney Recovery Book [HERE](#) and make sure you insist on a bicarb drip if you are ever rushed to hospital with septicaemia.

There are a few good articles that we posted over the last week and I trust they will be of use to use or to share with others who may benefit.



## LATEST NEWS

**How Beans Can Boost Your Brain Power** – Beans are full of B-vitamins that can help the body's cells to protect energy and communicate with one another effectively. The B-vitamins can also help the body to "read" genetic code so that you are capable of functioning at your best..

[Read More...](#)

**7 Essential Ways To Protect Eye Health** – Our eye health is precious and we all want to ensure we are protecting our eyesight for a long time. Simple tasks can become challenging when we don't care for our eyes...

[Read More...](#)

**AMD Could Increase Risk Of Brain Haemorrhage** – Age-Related Macular Degeneration (AMD) patients are more at risk for a brain haemorrhage according to a recent study. While these findings are preliminary and patients and physicians have been advised not to overinterpret them.

[Read More...](#)

**Curcumin More Beneficial Than Aspirin For Heart Disease Prevention** – Heart disease can be better prevented by taking Curcumin (turmeric) and significantly improve the functional states of the blood vessels of healthy adults, within two months according to recent research.

[Read More...](#)

Avoid This Food To Prevent Premature Ageing – Are you eating foods that cause harm to your blood sugar levels? Every type of food we eat on a daily basis causes biochemical reactions within our bodies...

[Read More...](#)

Why Stress Can 'Counteract All The Benefits of Healthy Eating' – Dieting and losing weight can be difficult at the best of times. While you might be doing everything to stay in shape and eating well, if you're stressed out then all these efforts mean nothing.

[Read More...](#)

Acupuncture Better Than Medication For Boosting Fertility – Infertility is a big issue for many couples and when the female is struggling to conceive it can be an emotionally charged experience. Yet being unable to conceive is often due to imbalanced hormones and an ill-functioning endocrine system.

[Read More...](#)