

# Week 28 (2016)

## I am Ranting...Again

I have given hundreds of people advice on defeating cancer over the past 30 years and I do realize how hard it must be for sufferers to know what to do for the best. In many cases my advice is the exact opposite of that of the doctors and oncologists, which makes it even harder for sufferers to know who to believe.

### **The hardest example is diet.**

Doctors and oncologists tell patients to eat what they want and to build themselves up. They recommend food such as pizza, meat, potato, cream and cake. Simply typing this advice from doctors makes me furious. For thousands of years doctors have been absolutely clear that diet is the cause of disease and the cure. For the past 100 years the medical systems of the world have steadily been taken over by a Pharma/Medical Mafia who have brainwashed/blackmailed doctors into denying all diet based causes of disease and immune dysfunction that conflict with their selling of drugs.

The good news is there are still some honest researchers out there and two new studies excited me.

### **Tumours shrink to 50% in just two weeks.**

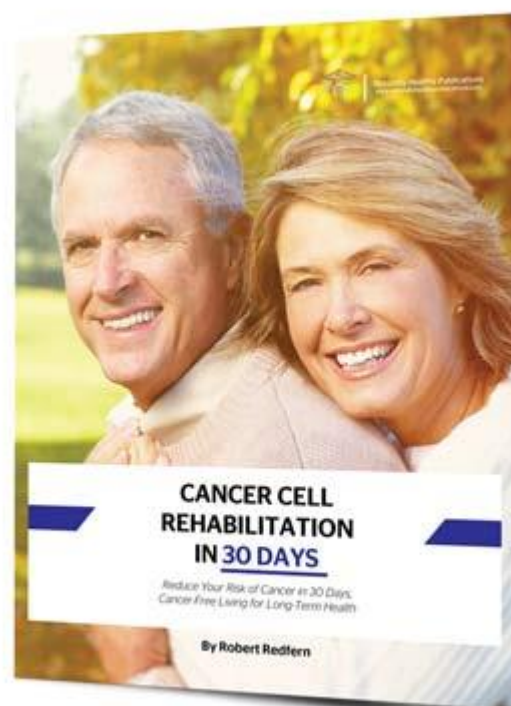
In two separate studies in Europe and in the USA, both published in the journal Cancer Cell, scientists examined the effects of dieting and of taking medication, which mimics the effects of dieting in mice with tumours.

The studies tested how mice fed a low sugar, low protein, high plant based fat, low calorie diet fared while being given different chemotherapy drugs or no drugs at all.

After six weeks, they found all the mice on the special diet as well as taking medication saw their tumours shrink to half the size of those just having chemotherapy alone.

Albeit these studies are on mice, the results are so good, they still shatter the dangerous advice given by doctors and oncologists against eating a really healthy diet.

My advice, whether you have any disease: cancer, immune disease, lung disease etc or just want to



stay healthy into old age is to eat the really healthy foods diet shown in all of my books.

Download my Cancer eBook or any of my eBooks for free [here](#).

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